

MAY 2024 NPHS LUNCH MENU

| <u>MONDAY</u> | <u>TUESDAY</u> | <u>WEDNESDAY</u> | <u>THURSDAY</u> | <u>FRIDAY</u> |
|--|--|---|---|--|
| | | MAY 1 EARLY DISMISSAL NO LUNCH | MAY 2 French Fry Bar with Soft Pretzel Fruit Cup Fresh Vegetable and Fresh Fruit Selection Variety of Milk | MAY 3 Chicken or Cheese Quesadilla Spanish Rice Fresh Vegetable and Fresh Fruit Selection Fruit Cup Variety of Milk |
| MAY 6 Breaded Mozzarella Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk | MAY 7 Grilled Cheese on Texas Toast with Tomato Soup Tossed Garden Salad 100% Apple Juice Variety of Milk | MAY 8 General Tso Chicken Rice Steamed Broccoli Fruit Cup Variety of Milk | MAY 9 Beef or Plant Based Mexican Crumbles Nacho Supreme Spanish Beans Fruit Cup Variety of Milk | MAY 10 Spicy Chicken Filet on Bun Macaroni Salad Steamed Broccoli 100% Fruit Punch Variety of Milk |
| MAY 13 Max Sticks with Pasta and Marinara Sauce Tossed Garden Salad Fruit Cup Variety of Milk | MAY 14 Chicken Tenders with Dinner Roll Baked Sweet Potato 100% Apple Juice Variety of Milk | MAY 15 Chicken or Vegetarian Lo Mein Steamed Broccoli Peach Cup Fresh Vegetable and Fresh Fruit Selection Variety of Milk | MAY 16 Cheese Burger on Bun Tater Tots Fruit Cup Variety of Milk | MAY 17 BBQ Pulled Pork Sandwich Diced Home Fries Fruit Cup Variety of Milk |
| MAY 20 Meatball Parmesan Sandwich Tater Tots Steamed Broccoli Fruit Cup Variety of Milk | MAY 21 Knights Delight with Potato Chips Sweet & Sour Cucumber Salad 100% Apple Juice Variety of Milk | MAY 22 Chicken Nuggets with Waffle Tossed Garden Salad 100% Apple Juice Variety of Milk | MAY 23 Buffalo Chicken Wrap or Vegetarian Buffalo Wrap Cole Slaw Tossed Garden Salad 100% Fruit Punch Variety of Milk | MAY 24 Toasted Ravioli with Marinara Sauce Seasonal Roasted Vegetables Tossed Garden Salad Fruit Cup Variety of Milk |

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| MAY 27 | MAY 28 | MAY 29 | MAY 30 | MAY 31 |
|-----------|---|--|--|--|
| NO SCHOOL | Knights Chicken Bowl with Dinner Roll Tossed Garden Salad Fresh Vegetable and Fresh Fruit Selection Milk | Manager Special Fresh Vegetables Fresh Fruit 100% Fruit Juice Milk | Bosco Sticks with Pasta and Marinara Sauce Steamed Broccoli Fruit Cup Fresh Vegetable and Fresh Fruit Selection Milk | Manager Special Fresh Vegetables Fresh Fruit 100% Fruit Juice Milk |

DAILY ALTERNATE ENTREES LINE 1

Hamburger or Cheeseburger
 Chicken Patty or Spicy Chicken Patty on Bun

DAILY ALTERNATE ENTREES LINE 2

Pizza Plain
 Monday, Wednesday and Friday – Pepperoni Pizza
 Tuesday and Thursday – Buffalo Chicken Pizza

LINE 3 & 4

Daily Menu

DAILY ALTERNATE VEGETARIAN ENTREES LINE 5

Peanut Butter and Jelly Sandwich
 Fruit Smoothie with Soft Pretzel or Yogurt Parfait
 Veggie Burger

Assorted Salads may include Caesar salad, garden salad with egg
 Monday – Max Sticks with Marinara Sauce
 Tuesday – Buffalo Vegetarian Wrap
 Wednesday – Bean Burrito Bowl
 Thursday – Bosco Sticks with Marinara Sauce
 Friday – Chana Masala with Basmati Rice

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DAILY ALTERNATE GRAB & GO ENTREES LINE 6

Assorted Salads may include Caesar salad with chicken, garden salad with chicken

Assorted Salads may include Caesar salad, garden salad with egg

Cheese Hoagie

Monday – Popcorn Chicken with Dinner Roll

Tuesday – Buffalo Chicken Wrap

Wednesday – Pancakes with Sausage

Thursday – Chicken Nuggets with Dinner Roll

Friday – Chicken Tenders with Dinner Roll

AVAILABLE DAILY:

Fresh vegetables: may include baby carrots, cucumbers, tossed salad

Fresh fruit: may include apples, oranges, bananas

Variety of Milk: unflavored 1% Variety of Milk, unflavored fat free Variety of Milk, fat free chocolate Variety of Milk

Hot vegetables may include: corn, peas, carrots, green beans, mixed vegetable and steamed broccoli

Fruit cups may include: applesauce, strawberry cup, peach cup, mixed fruit, pears

This institution is an equal opportunity provider. Menu subject to change without notice.

WG = Whole Grain

***All grains offered are whole grain rich**